

Note to Teacher: This should be the first part of your lesson on Day 1 to set the stage for the entire week's study.

Introduction to the Lesson Series

Theme: The Fruits of the Spirit Seen in Everyday Life

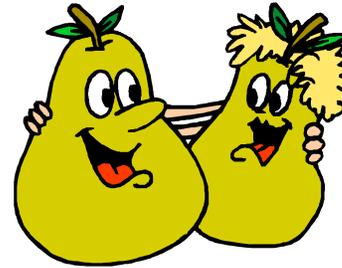
Our lessons for Bible classes this week will come from a study and discussion of Galatians 5:22-23. Let's read it together:

“But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law.”

Here are three observations to get you started in learning about the fruits of the Spirit and living them in your life.

1. God uses an analogy here, which simply means that if you understand how a healthy tree bears good fruit for you to eat, you can understand the qualities that God wants to see in your heart and in your life.
2. These fruits of the Spirit are godly life qualities that are opposite of the sinful life qualities found in Galatians 5:19-21.
3. The fruits of the Spirit will only be part of your life when you belong to Christ and live in the Holy Spirit (do your very best to live a faithful life in Christ) (Galatians 5:24-25).

My prayer for each of you is that by the time you finish this week's study, you will have a deep and rich understanding of each “fruit of the Spirit” and how each one strengthens your life for God.



ἀγάπη – agape

This is the Greek word translated love in Galatians 5. This word describes a love that does what's best for another person because I have that person's best interest in my heart.

ἀγαθωσύνη – agathosyne

This is the Greek word translated goodness in Galatians 5. This word means uprightness of heart and life. In other words, I do my best to live the right kind of life in God's eyes.

Lesson 1: The Spiritual Fruits of Love and Goodness

Part 1: Elements for Your Head – LISTEN

- ✓ Carefully read each of the following verses and as a class, discuss what you think each verse means.
 - Matthew 22:37-39
 - John 13:34-35
 - Romans 15:14
 - Ephesians 5:8-12

Part 2: Elements for Your Heart – LEARN

- ✓ Now, discuss the meaning of the words love and goodness found in these verses. Use the box above. Deepen your understanding by discussing these questions as a class.

- What does real love for God look like in a person's life?
- Name and discuss some ways that you should be living that shows that you love God the way you should.
- Now that you know what this goodness really is, what does goodness look like (or should look like) in your life?
- Name and discuss some specific examples of the Spiritual fruit of goodness that should exist in your life.

Part 3: Elements for Your Life – LIVE

- ✓ **Application Challenge #1:** Memorize one of the passages in today's lesson and quote it to one of the directors before the day ends.
- ✓ **Application Challenge #2:** (for juniors but seniors can too)
 - T or F – My friend left a \$10 bill on the bed in the cabin. It is okay if I take it and spend it in the camp store as long as I buy something for my friend.
 - T or F – Our preacher's sermons are boring to me, so I usually play a game on my phone. That's okay because I still love God.
 - T or F – One of my friends showed me a video that had ugly words and pictures in it. I told my friend that I didn't want to see stuff like that because I want my heart full of God's goodness.
 - T or F – If I have to choose between going to a spiritual activity or going to a ballgame, I choose the spiritual activity because I love God more than anything else.

- T or F – One of my friends gave me a note (or sent me a text) that said really bad things about another friend. I passed the note on (or sent the text on). That's okay because I didn't write the note (or text).

✓ **Application Challenge #3:** (for seniors but juniors can too)

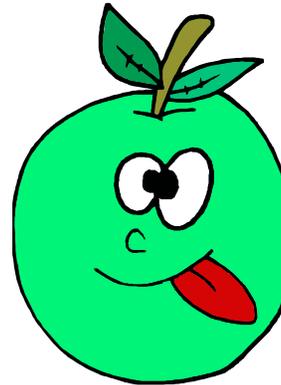
- Make a list of five ways that you can strengthen your love for God in your daily life.
 - (1) _____
 - (2) _____
 - (3) _____
 - (4) _____
 - (5) _____
- Based on what the Spiritual fruit of goodness really is, list and explain five habits you want to start or strengthen so that the fruit of goodness will grow in your life.
 - (1) _____
 - (2) _____
 - (3) _____
 - (4) _____
 - (5) _____
- Think of one person that you love with agape love and write a card to that person expressing that love.

Everybody Loves to Color

As you color this picture, review what you learned today and share it with a friend.



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Images by Heidi, Tracy, Megan



χαρά – chara

This is the Greek word translated **joy** in Galatians 5. This word describes the condition or quality of gladness or joy of heart rising from faith in the Gospel. In other words, my joy doesn't come from what's around me but from what God puts in me.

ειρήνη– eirene

This is the Greek word translated **peace** in Galatians 5. This word means the tranquil state of the soul assured of salvation through Christ. In other words, because I trust God, I am content with my place in life.

Lesson 2: The Spiritual Fruits of Joy and Peace

Part 1: Elements for Your Head – LISTEN

- ✓ Carefully read each of the following verses and as a class, discuss what you think each verse means.
 - John 15:1-11 (notice how verse 11 fits here)
 - 1 Peter 1:1-9 (notice how verse 8 fits here)
 - John 14:27
 - Colossians 3:15
 - Philippians 4:6-9 (discuss verses 7 and 9 in context)

Part 2: Elements for Your Heart – LEARN

- ✓ Now, discuss the meaning of the words **joy** and **peace** found in these verses. Use the box above. Deepen your understanding by discussing these questions as a class.
 - What does real joy (found only in Jesus) look like in a person's life?
 - Name and discuss some thoughts and actions that show this kind of joy in your life.
 - Now that you know what this peace really is, what does peace look like (or should look like) in your life?
 - Name and discuss some specific examples of the Spiritual fruit of peace that should exist in your life.

Part 3: Elements for Your Life – LIVE

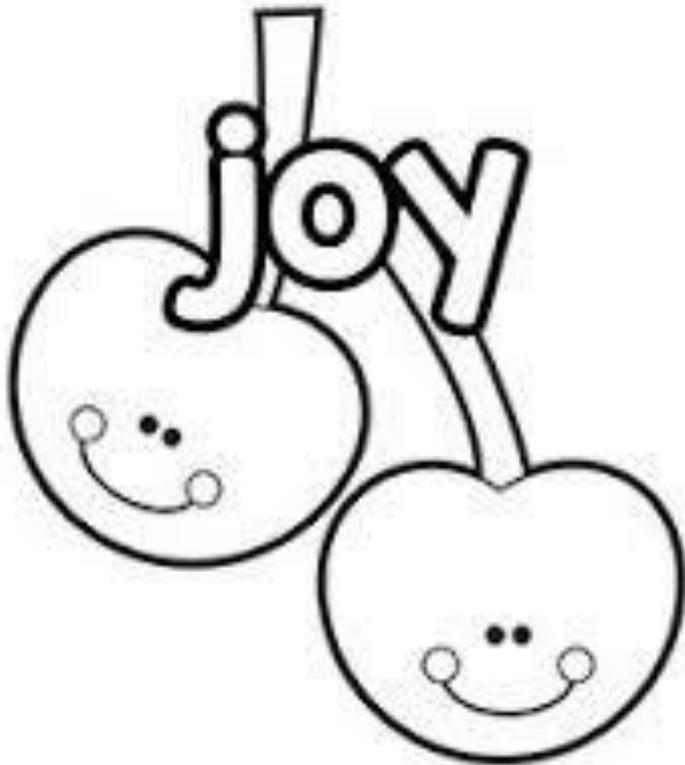
- ✓ **Application Challenge #1:** Memorize one of the passages in today's lesson and quote it to one of the directors before the day ends.
- ✓ **Application Challenge #2:** (for juniors but seniors can too)
 - “ _____ in the Lord always. Again I will say _____.” (Philippians 4:4)
 - “If it is possible, as much as _____ on you, live _____ with all men.” (Romans 12:18)
 - “For to be carnally minded is death, but to be spiritually minded is _____ and _____.” (Romans 8:6)

✓ **Application Challenge #3:** (for seniors but juniors can too)

- Make a list of five ways that you will allow God to strengthen real joy in your daily life.
 - (1) _____
 - (2) _____
 - (3) _____
 - (4) _____
 - (5) _____
- Based on what the Spiritual fruit of peace really is, list and explain habits you need to get rid of or habits you want to start or strengthen so that the fruit of peace will grow in your life.
 - (1) _____
 - (2) _____
 - (3) _____
 - (4) _____
 - (5) _____
- Think of one person who brings true joy and/or peace to your life. Write a card to that person expressing your gratitude.

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χρηστότης – chrestotes

This is the Greek word translated **kindness** in Galatians 5. This word describes a kind disposition that comes from moral goodness or character. In other words, it is your nature to be kind all the time.

πραότης– praotes

This is the Greek word translated **gentleness** in Galatians 5 (meekness – KJV). This word describes an inward grace of the soul that accepts God’s dealing with us, considering them as good in that they enhance the closeness of our relationship with Him.

Lesson 3: The Spiritual Fruits of Kindness & Gentleness

Part 1: Elements for Your Head – LISTEN

- ✓ Carefully read each of the following verses and as a class, discuss what you think each verse means.
 - “Therefore, as the elect of God, holy and beloved, put on tender mercies, **kindness**, humility, meekness, longsuffering;” (Colossians 3:12) (NKJV)

WARNING to TEACHERS AND STUDENTS: The study below is challenging, but you can do it!!!

- ✓ Read the verse below, carefully noting one of today’s key words from the box above. Then, discuss the meaning.

“Remind them to be subject to rulers and authorities, to obey, to be ready for every good work, to speak evil of no one, to be peaceable, gentle, showing all **humility (praotes)** to all men.” (Titus 3:1-2) (NKJV).

“Remind them to be submissive to rulers and authorities, to be obedient, to be ready for every good work, to speak evil of no one, to avoid quarreling, to be gentle, and to show **perfect courtesy (praotes)** toward all people.” (Titus 3:1-2) (ESV)

Part 2: Elements for Your Heart – LEARN

✓ Now, discuss the meaning of the words **kindness** and **gentleness (meekness)** found in these verses. Use the box above. Deepen your understanding by discussing these questions as a class.

- What does real kindness look like in a person’s life?
- Name and discuss some ways that you should be living that shows the kind of kindness that is the Spiritual fruit we’ve discussed today.
- Now that you know what this gentleness (meekness) really is, what does gentleness (meekness) look like (or should look like) in your life?
- Name and discuss some specific examples of the Spiritual fruit of gentleness (meekness) that should exist in your life.

Part 3: Elements for Your Life – LIVE

✓ **Application Challenge #1:** Memorize one of the passages in today’s lesson and quote it to one of the directors before the day ends.

✓ **Application Challenge #2:** (for juniors but seniors can too)

- YES or NO – Was I being kind when I refused to give a seat in the lunchroom to a new student because I thought he looked kinda nerdy? Why or Why not?
- YES or NO – A little old lady dropped her purse in the grocery store and spilled stuff everywhere. I laughed at her and went on down the aisle to buy some chips. Was I being kind? Why or Why not?
- YES or NO – After we shot fireworks on the Fourth of July, I noticed the old man who lives across the street picking up all the trash from our fireworks that had fallen into his yard. I went over and finished cleaning for him. Was I being kind? Why or Why not?
- YES or NO – I say “yes sir” and “yes ma’am” to my parents and adults. I don’t talk back with sarcasm when I don’t like what I hear or I am in a bad mood. Am I showing the Spiritual fruit of gentleness (meekness)? Why or Why not?
- YES or NO – When I get into an argument with someone, I usually get mad and yell when that person doesn’t agree with me. When I know I am right, I tell the other person how stupid his or her ideas are. Am I showing the Spiritual fruit of gentleness (meekness)? Why or Why not?



Extra Question: What are some ways you can use social media to show the Fruits of the Spirit to your friends?

✓ **Application Challenge #3:** (for seniors but juniors can too)

- Make a list of five ways that you can strengthen the Spiritual fruit of kindness in your daily life.

(1) _____

(2) _____

(3) _____

(4) _____

(5) _____

- Based on what the Spiritual fruit of gentleness (meekness) really is, list and explain five habits you want to start or strengthen so that the fruit of gentleness (meekness) will grow in your life.

(1) _____

(2) _____

(3) _____

(4) _____

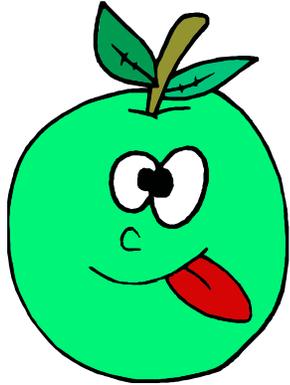
(5) _____

- Think of a Christian you know who lives the Spiritual fruit of kindness or gentleness (meekness) in his or her life. Write a thank you card to this person thanking him or her for this Christian example.

Everybody Loves to Color

As you color this picture, review what you learned today and share it with a friend.





μακροθυμία – makrothymia

This is the Greek word translated **longsuffering (or patience)** in Galatians 5. This word literally means self-restraint before proceeding to action. In other words, this word describes patient endurance of trouble or provocation instead of behaving in a way that God doesn't want me to behave.

ἐγκράτεια– egkrateia

This is the Greek word translated **self-control** in Galatians 5 This word literally means moderation or self-restraint.

Lesson 4: The Spiritual Fruits of Longsuffering (patience) and Self-control

Part 1: Elements for Your Head – LISTEN

- ✓ Carefully read each of the following verses and as a class, discuss what you think each verse means.
 - Ephesians 4:1-2
 - Colossians 1:9-14 (notice how verse 11 fits here)
 - 2 Peter 1:5-7
 - 1 Corinthians 9:27 (which of today's Spiritual fruits are found in this verse?)

Part 2: Elements for Your Heart – LEARN

- ✓ Now, discuss the meaning of the words **longsuffering** and **self-control** found in these verses. Use the box above. Deepen your understanding by discussing these questions as a class.
 - What does self-control really look like in a person's life?
 - Name and discuss some ways that you should be living that shows that you exercise self-control the way you a child of God should.
 - Now that you know what longsuffering really is, what does longsuffering look like (or should look like) in your life?
 - Name and discuss some specific examples of the Spiritual fruit of longsuffering that should exist in your life.

Part 3: Elements for Your Life – LIVE

- ✓ **Application Challenge #1:** Memorize one of the passages in today's lesson and quote it to one of the directors before the day ends.
- ✓ **Application Challenge #2:** (for juniors but seniors can too)
 - Your little brother or sister, who is only two, came into your room and broke your favorite _____ (you fill in the blank). If your life demonstrates the fruits of the Spirit, how should you handle this situation?
 - If a bully makes fun of you for some silly reason, do you punch him (or her) in the nose, or do you pray for him (or her)?

✓ **Application Challenge #3:** (for seniors but juniors can too)

- Make a list of five ways that you can strengthen the Spiritual fruit of longsuffering in your daily life.

(1) _____

(2) _____

(3) _____

(4) _____

(5) _____

- List and explain five habits you want to start or strengthen so that the fruit of self-control will grow in your life.

(1) _____

(2) _____

(3) _____

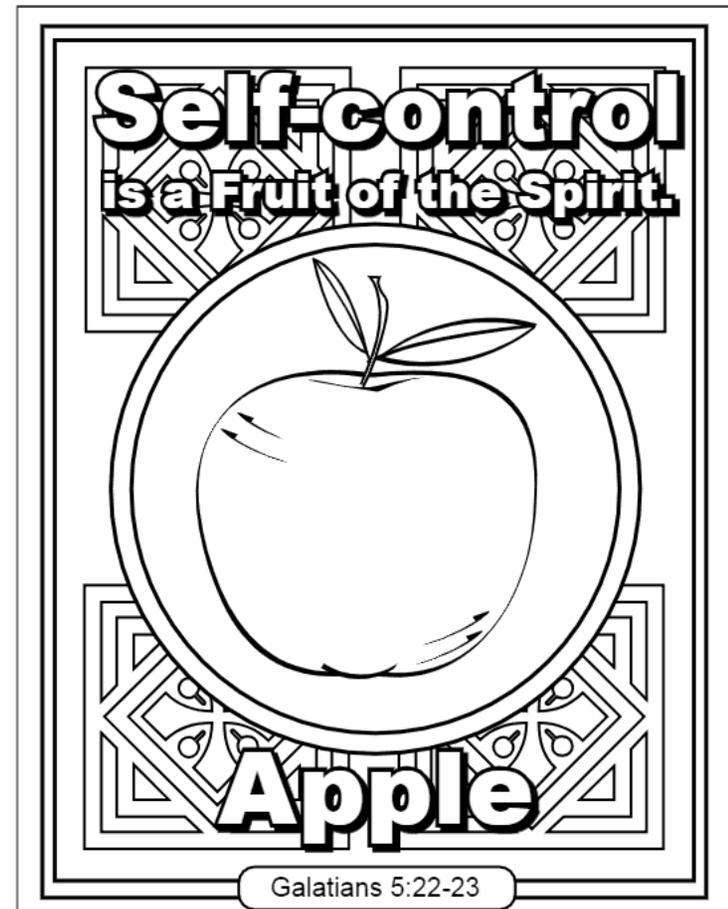
(4) _____

(5) _____

- Think of one person in your life (family or friend) who has shown the Spiritual fruit of longsuffering toward you when you were not behaving as you should. Write a card to that person thanking him or her (even if you never give it to the person).

Everybody Loves to Color

As you color this picture, review what you learned today and share it with a friend.





πίστις – pistis

This is the Greek word translated **faithfulness** in Galatians 5. This word describes sincere and dedicated living to that which one believes or to doctrine. In other words, if I am faithful, I do my very best to live for God, in Christ, and through the Gospel.

Lesson 5: The Spiritual Fruit of Faithfulness

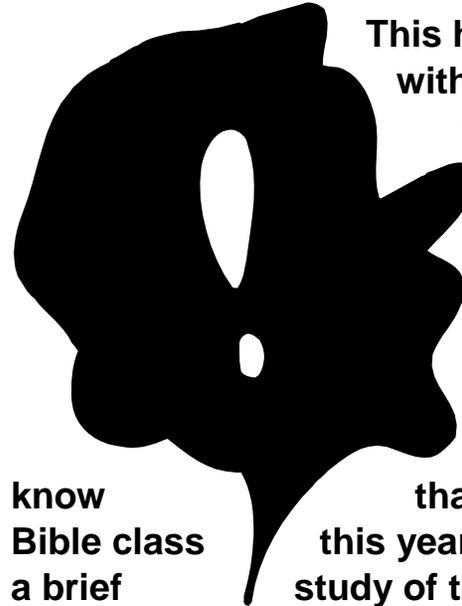
Part 1: Elements for Your Head – LISTEN

- ✓ Carefully read each of the following verses and as a class, discuss what you think each verse means.
 - Romans 1:16-17
 - Romans 10:17
 - Galatians 2:20
 - Hebrews 11:6 (consider this verse in the context of the entire chapter)

Part 2: Elements for Your Heart – LEARN

- ✓ Now, discuss the meaning of the word **faithfulness** found in these verses. Use the box above. Deepen your understanding by discussing these questions as a class.

- What does faithfulness really look like in a person's life?
- Name and discuss some ways that you should be living that shows that you trying your best to live faithfully as a child of God.



This has been a strange year with Covid-19 preventing us from doing many of the things we're used to doing. I am so thankful that you have had a chance to be at Maywood this summer. I hope you thank God for that opportunity. I

know Bible class a brief study of the fruit of the Spirit we have not studied this week. I encourage counselors and teachers to use this study in a devotional time or cabin discussion. Campers, as you go home after a great week of Maywood, I pray that your life will demonstrate all of the fruits of the Spirit. I challenge you to live a life of faithfulness.